Neurodiversity Awareness - Thriving with Neurodiversity

A neuroscience perspective on building awareness of neurodiversity

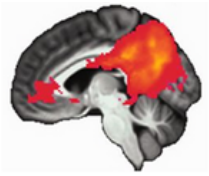
THE CHALLENGES

Neurodivergence is considered a hidden disability, and those with neurodivergent conditions can feel isolated socially and in the workplace.

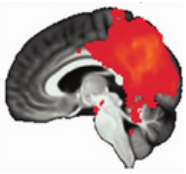
Neurodivergence is often misunderstood, particularly in women and underdiagnosed in the adult population. Rates of diagnosis have been growing rapidly in the last few years and there are increasing expectations for the workplace to provide an inclusive and supportive environment.

Neurodivergence is a concept gaining broader recognition and understanding; encompassing a wide range of neurological variations that deviate from the societal norms of "typical" cognitive functioning.

15%-20% of the Australian population are neurodivergent



Typical brain



Persisting ADHD brain

Building Workplace Awareness and Inclusivity

Objectives

- Increase understanding of neurodiversity in the workplace.
- Explore how neuroscience can support accommodations and inclusive practices.
- Provide practical strategies for leveraging neurodiversity to enhance workplace productivity and innovation.
- Facilitate discussions and activities to promote empathy and collaboration among colleagues.

Outline

1. Introduction to Neurodiversity and how our brains are wired differently
2. Neurodiversity in the Workplace: Challenges and Benefits
3. Leveraging Neurodiversity for High Performing Teams
4. Contributing to an Inclusive Neurodiverse Workplace Culture

This workshop is for anyone in the workplace interested in understanding Neurodiversity and being part of creating an inclusive workplace culture

EnHansen Performance partners with leaders in neurodiversity workplace solutiions

Kristen Hansen
Thought leader in Neuroleadership

Dr. Niyi Borire
Award-winning neurologist

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Global leaders in the field of neurodiversity

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